

# Wellbeing for all, all in one place.

ThriveWell is a digital home base dedicated to engaging teams in health and wellbeing. Our partnership with Personify Health gives employees the tools to make small, everyday changes to their wellbeing that are focused on the areas they want to improve the most. They'll build healthy habits, have fun with friends, and experience the lifelong rewards of better health and wellbeing.



**ThriveWell<sup>SM</sup>**  
**[Large Group Employer Brochure](#)**



## Member Materials:

- **[Overview Member Flyer](#)**
- **[Overview Member Flyer Spanish](#)**
- **[Member Quick Start Guide](#)**



- **[Member Guide](#)**
- **[Member Guide Spanish](#)**
- **[Claiming Rewards](#)**

With **ThriveWell** <sup>SM</sup>, you have options to customize the experience to the needs of your employees through Personify Health's certified partners and Reward program options.



**Help employees manage more aspects of wellness, more easily.**

Stress takes a big toll on a person's mental, physical, and emotional health. an innovative resource, manage stress and overcome it.

**Headspace for Work** and The mental health benefits impact performance, all while cultivating hundreds of meditations and more healthy habit building and help on:

- Learn to manage feelings and it's
- Includes preventive support for depression, and more
- Boost focus with music and me

**Users Reported**

- Cut stress 32%** less stress after 30 days of HeadSpace
- 24 lbs.** Average weight loss when using Moni
- 7.8** Monthly average class days per engaged member

**Wellbeats Wellness Essential**

**Fitness, nutrition, and mindfulness – Wellbeats Wellness, a**

**Empower financial wellbeing**

**Enrich** empowers people to make effective personal finance, student loan, and career decisions throughout their lives. Enrich also helps organizations empower their members to become financially well, helping them live happily within their means and enabling them to plan for long-term financial goals.

**34%** Users increased their 401k participation since using Enrich

**63%** Of employees say their financial stress has increased since

**+25.51** Average increase in credit score for Enrich users after 15 months

**Wellbeats Digital Coach**

Discover a curated collection of nutrition, and mindfulness classes population. With classes ranging from walking, nutrition, cycling, and more.

**Goal-based program**

Stay motivated and on track with support and encouragement on their health results. These programs provide specific health and wellness goals.

**Certified instructors**

Access education-based classes from reliable experts for a supportive experience.

**Personalized & connected experience**

Employees and members are stressed about their finances. Enrich delivers personalized financial management education, certification, and expertise leading to their financial change. Personify Health and Enrich, together, help members take daily actions towards greater control of their financial future and reduce the stress of financial uncertainty.

**Results & rewards**

Empower your members with real-time feedback that supports decision-making across budgets, personal finance, loans, retirement, and more. Members can earn rewards through the Personify Health platform when they complete a course, course or renew their budget, or complete financial wellness quizzes.

**Award-winning platform for student loan tools**

Enrich's platform helps with student loan aggregation and repayment analysis to help alleviate the stress members feel when managing repayment options.

## Certified Partner Employer Group Brochures:

- **Mental Health:** [Headspace](#)
- **Nutrition & Weight Management:** [Moni](#)
- **Fitness:** [Wellbeats](#)
- **Financial Wellbeing\*:** [Enrich](#)

\*Only available to Self-funded Groups

**ThriveWell**

It's easy to earn rewards by ThriveWell. The more you do, the more you earn. Partner can participate in the.

**Complete this activity**

Participate in additional

**Earn up**

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**Complete these activities**

**ThriveWell Rewards**

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**Complete these activities to earn Rewards Cash**

| Complete by the end of your program year | Reward Payout |
|--|---------------|
| Level 1                                  | \$50          |
| Level 2                                  | \$100         |
| Level 3                                  | \$150         |
| Level 4                                  | \$200         |
| Level 5                                  | \$250         |

**Participate in additional healthy activities throughout the year to earn points!**

| Points | Rewards Cash |
|--------|--------------|
| 1,000  | \$50         |
| 2,000  | \$100        |
| 3,000  | \$150        |
| 4,000  | \$200        |
| 5,000  | \$250        |

**Earn up to \$500 per year!**

**Excelsus**

## ThriveWell Rewards Member Brochures:

- [ThriveWell Rewards 1](#)
- [ThriveWell Rewards 2](#)
- [ThriveWell Rewards 3](#)
- [ThriveWell Rewards 4](#)
- [ThriveWell Rewards 5](#)

