Excellus SimplyBlue Plus Deductible HSA A Plan





This value-maximizing plan is perfect for those who embrace the do-it-yourself philosophy. It offers the lowest monthly premiums and greatest ability to control your own costs.



What's covered in full?

Here are some commonly used Preventive Care services* that are covered in full:

- Well-Baby and Well-Child Care
- Adult Annual Physical Examinations
- Adult Immunizations
- Well-Woman Examinations

- Mammograms
- Family Planning and Reproductive Health Services
- Bone Mineral Density Measurements or Testing



Deductibles and your plan

Your plan includes a deductible.

A deductible health plan is designed to help keep premium costs low for you and your family. Your plan includes a deductible that must be met before the insurance company pays for covered services. This deductible applies to all medical care and prescription drugs, but does not apply to Preventive Care services*, which are covered in full. After your deductible is met, you will pay coinsurance. Preventive drugs do not apply to the deductible.

Medical diagnosis-driven services for certain chronic conditions are covered in front of the deductible (applicable cost shares, such as copays and/or coinsurance may apply).



Prescription drugs and your plan

Prescription drugs are subject to the deductible, which means you will pay a negotiated, allowed amount for your prescription drugs until you've reached the deductible.

Other things to know about your plan



How does the money I pay toward my deductible add up (or aggregate)?

Individual Aggregation: Each covered family member only needs to satisfy their own individual deductible, not the entire family deductible, before plan benefits kick in. This option is often more attractive to families because claims for individuals will be covered when that individual meets their single deductible, regardless of whether or not other family members have met theirs.

Family Aggregation: While this option typically helps keep monthly premiums lower, family aggregation means the entire family's annual deductible must be met by one or any combination of covered members before a copay or coinsurance is applied for any family member.



How much will I pay out-of-pocket for this plan? And how does it add up (or aggregate)?

- To help limit your out-of-pocket costs, all of our plans have a maximum amount that any one person will pay. This is called an out-of-pocket maximum.
- This amount varies, depending on the plan you have. Log into ExcellusBCBS.com/Member to view your benefits and learn what your amount is.

• Individual Aggregation:

With individual aggregation, each family member only needs to meet their own maximum before services are covered in full.

• Family Aggregation:

- With family aggregation, the entire family's combined out-of-pocket maximum must be met before any individual's services are covered in full.
- All Family Aggregation plans include an extra layer of protection preventing any individual from exceeding \$7,500 in personal out-ofpocket medical expenses each year. This cap applies to family plans with family aggregation, acting as a safeguard and providing more
 value in the event of high medical expenses for one individual.



What kind of funding accounts work with this plan?

This plan qualifies for a Health Savings Account (HSA).

^{*}Age and gender restrictions can apply. For the full list of preventive care services and qualifying requirements, visit www.healthcare.gov/coverage/preventive-care-benefits.

Important terms

Deductible

An amount of money you have to pay before the health insurance company will make any payment toward your health care services. For example: If you have a \$3,000 deductible, you pay 100% of your first \$3,000 in medical bills. After you reach your deductible amount, you may pay a portion of your health care costs, and your health insurance company will pay the rest.

Coinsurance

Coinsurance is similar to a copay, but instead of a fixed-dollar amount, you pay a percentage of the total bill. For example: You need crutches, and your bill is \$100. If your coinsurance is 15%, that means you pay \$15, and the insurance company pays the remaining \$85.

Out-of-Pocket Maximum

An annual limit on the amount of money that you pay for health care services, not including your monthly premiums.

Member Benefits

NEW! Calm®: All Small Group plans will now include Calm Stress Management program to help members manage stress and support better emotional wellbeing.

NEW! Pediatric Routine Eye Exams will change from a Specialist benefit to covered in full (subject to deductible).

NEW! The Active&Fit ExerciseRewards[™] program will be updated to award two points per fitness center visit.

NEW! Bright Beginnings: Access to maternity support, through our Care Management team, while navigating the health care system, with a focus on early intervention, prenatal education, and personalized support during and after pregnancy.

Telemedicine: Our partnership with MDLIVE gives you convenient access to medical and behavioral health care 24/7/365 from the comfort of your home — and the visits are covered in full (subject to the deductible).

Wellframe® app: A convenient way for our Care Managers to provide confidential, proactive, one-on-one, text-based outreach to members using a smartphone or tablet.

Our Network: Access to more top-quality doctors, hospitals, and pharmacies—locally and nationwide.

Blue365®: Exclusive discounts on health-related products and services such as fitness gear, exercise programs, weight-loss programs, and more.

Pharmacy Home Delivery: Save time and money by having your prescriptions delivered to your home.

BlueCard®: Access to care when you travel in the United States and its territories, Canada, and Mexico.

To learn more about your benefits and register your account, visit ExcellusBCBS.com/Member.

- View your benefits
- Check your claims
- Check referrals and authorizations
- Download our mobile app and get instant access to your health plan information



DOWNLOAD OUR APP





^{*} MDLIVE is an independent company, offering telehealth services in the Excellus BlueCross BlueShield service area

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Health Savings Account (HSA)

When you enroll in an HSA-qualified plan, you are eligible to open a tax-free health savings account, which will help you cover the costs associated with your plan.

What is an HSA?

- An HSA helps you pay for qualified medical expenses such as lab fees, prescription drugs, contact lenses, and more.
- The money you put into your HSA is not subject to federal income tax when you make the deposit.
- If you're under 65 and you withdraw money from your HSA for non-qualified medical expenses, you will be taxed at your income tax rate plus pay a tax penalty.

What can I buy with a **Health Savings Account?**

An HSA will pay for many items and services, including:

- Contact lenses
- Crutches
- **Chiropractor visits**
- Eveglasses
- **Dental treatments**
- Lab tests
- Dental x-rays
- Prescription drugs

For a complete list of qualified medical expenses, visit IRS.gov. Coverage of all services is subject to the terms of your HDHP.

Who owns my HSA?

Who funds my HSA? You and/or your employer.

Are there contribution limits? In 2023, the maximum is \$3,850 for single coverage and \$7,750 for family.

Can I transfer my HSA if I switch jobs?

Yes, you own the account.





