

2022

WHAT YOU NEED TO KNOW

With a new year comes exciting new changes to bring groups and members even better coverage. Take a look at what's in store for 2022.*

FOR ALL GROUPS



Active&Fit ExerciseRewards™

Upon renewal in 2022, the ExerciseRewards™ program will be updated and will now be called Active&Fit ExerciseRewards™. While many aspects of the previous program will stay the same, the 2022 program will include Active&Fit Connected!™ as a rewardable activity, where 10,000 steps in one day tracked through a wearable device is the equivalent of 1 gym visit or credit.



Simply VisionSM

Group vision plans will be available from Excellus BCBS. All Simply Vision plans include low-cost eye exams plus benefits for fully covered and low-cost corrective eyewear, plus other great discounts. By partnering with Davis Vision, members will have access to a large network that includes nearly 900 provider locations in the local Excellus BCBS network area and 100,000+ points of access nationwide.**



National Dental Network Options

To give employees access to significantly more dental providers nationwide, new National Dental GRID network options will be available to select groups as follows:

For Large Groups: The new National Dental GRID+ DenteMax network option will be available to all Large Group Non-Pooled Dental Blue Options plans.

For Small Groups: The National Dental GRID+ DenteMax network will be applied to all Small Group Pooled Dental Blue Options plans and Community Rated SimplyBlue Plus Dental Plans.



* Large Group is subject to DFS approval
** Davis Vision, January 2021



In addition, for Small Groups:

- ✓ **Blue Simplicity Gold**
This new plan offers employers an innovative, budget-friendly copay option while giving employees an easy-to-understand plan with predictable health care costs.
- ✓ **Chiropractic Coverage at PCP Cost Share**
The in-network benefit for chiropractic care will change from a Specialist to a PCP cost share, lowering the total cost of care for the entire spinal care treatment at a chiropractor. This change applies to all Non-Standard SimplyBlue Plus designs that apply a Specialist Copay for chiropractic care.
- ✓ **Embedded Vision Benefit Updates**
Adult Routine Eye Exams on all Non-Standard SimplyBlue Plus plans will change from a Specialist benefit to covered in full (subject to deductible where applicable). In addition, the Adult Eyewear allowance on all Non-Standard SimplyBlue Plus plans will increase from \$60 to \$100. Limits for each benefit remain the same at 1 per plan year.
- ✓ **Individual Aggregation Deductible HSA Plan**
SimplyBlue Plus Silver 16 will move from a Family Aggregation to an Individual Aggregation plan.
- ✓ **Preventive Services Ahead of Deductible on HDHP Plans**
We're adding new medical diagnosis-driven services to the list of preventive services that are covered in front of the deductible. The cost share for the service will be the same as it would if the member had satisfied the deductible. This applies to all Non-Standard deductible plans.
- ✓ **Annual Max Rollover**
There will be six new Pooled Dental Blue Options package options available that include an Annual Maximum Rollover benefit.



In addition, for Large Groups:

- ✓ **Calm®**
To offer another resource for members to manage stress and support better emotional wellbeing, all participating plans will include a 12-month premium subscription to the Calm app. This benefit will be embedded in all Fully Insured Large Group plans and available as a buy-up for Self-Funded and minimum premium groups.
- ✓ **BlueHealthy Dollars**
For eligible members who enjoy exercising at home or are not ready to return to in-person fitness classes yet, BlueHealthy Dollars now includes a reward for home fitness equipment and online fitness subscriptions.
- ✓ **Wellbeing Options for HMO Products**
Select HMO plans will have the flexibility to add Wellbeing program options for employees. HMO Blue 25, HMO Blue 30, BlueChoice 25 and BlueChoice 31 will have HealthyRewards, BlueHealthyDollars, Active&Fit ExerciseRewards, and Rewards Your Way as selectable options.

Learn more about
2022 Open Enrollment at
ExcellusForBusiness.com/SalesHub
or talk to your account
representative for more details.

